

Mixed Martial Arts

When: Wednesdays from 6:30 p.m. – 7:30 p.m.

Monthly Cost: Residents \$38, Non Residents \$47

Where: Barrington Park Dist, 235 Lions Dr. Barrington IL

How: Sign up at the beginning of each month at the Park District.

This class is ongoing and fun all year long.

Ages: 7 and up, **sign up now!!**

Mention Barrington Youth Football & your uniform is ½ Off!

Barrington Park District and True Power Martial Arts are providing a real self-defense solution in today's society.



We are a mixed martial arts class combining the most effective aspects of several martial arts into a superior martial art system.



The purpose is to provide families the opportunity to enjoy working hard, having fun, and achieving goals.



To register, or for more information on classes, contact:
The Barrington Park District at (847) 381-0687, or
www.TruePowerMartialArts.com